

# Fitting & Care Instructions

Instructions on putting on brace:



Step 1: Step your foot through the opening of the frame so the bottom frame is against your calf and the top frame is against your thigh and the knee hinges are centered on the side of your knee



Step 2: Feed Strap 1 through the D-Ring on the opposite side and attach. Continue this process on numbers 1-6 located on the underside of the rubber tabs.

**Model: DCT-45**



Step 3: Check the length of all the straps. The Velcro tabs should not hang over the side of the knee frame. If straps need to be shortened go to step 4. If not continue to step 7.



Step 4: Locate the straps that need to be shortened pull them back through the D-Ring and remove the padding to expose the strap.



Step 5: Remove the black square Velcro pad and put to the side.



Step 6: Cut the strap with scissors to the desired length and reapply the black Velcro square.

See reverse side for continued instructions.

Continued:



Step 7: Once the brace is properly fit you may use the quick release buttons when taking off and applying the brace.



Step 8: Once fit. Locate the alan socket and alan screw to adjust the unloading both medial and lateral. For medial OA adjust the outside tension. For lateral OA adjust the inside tension. Do quarter turns at a time get up and walk and adjust until desired pain relief.

#### **WARRANTY**

**The DCT-45 is covered by a 6 month warranty against all mechanical or manufacturer defects, from the date of purchase.**

#### **CARE INSTRUCTIONS**

**Hand wash with mild detergent and air dry.**

**TREND<sup>TM</sup>**  
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